

March 2024

Breakfast K-12

Monday

Tuesday

Wednesday

Thursday

Friday

1				
Canned Fruit in Light Syrup WG = Whole Grain				Egg & Cheese Breakfast Taco Salsa Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
4	5	6	7	8
Cereal: Honey Nut Cheerios Yogurt Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Egg & Potato Breakfast Taco Salsa Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	French Toast Sticks Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Turkey Sausage Breakfast Pizza Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Blueberry Muffin Hardboiled Egg Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
11				
No School	No School	No School	No School	No School
18				
Bean and Cheese Burrito WG Tortilla Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Seasonal Fruit and Yogurt Parfait Graham Crackers 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Blue Cornbread with Jelly Hardboiled Egg Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Cereal: Cinnamon Toast Crunch Cheese Stick Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Scrambled Eggs w/ WG buttered toast Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
25	26	27	28	29
Sausage/Pancake on a Stick Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Hash Browns Turkey Sausage WG Tortilla Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Omelet WG English Muffin Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Breakfast Sandwich Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Bagel Cream Cheese Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk

Note: Menus are subject to change due to product availability.
 "This institution is an equal opportunity provider."



March 2024

K-8

Monday

Tuesday

Wednesday

Thursday

Friday

1				
ENTRÉE w/ GRAIN- BLUE GREEN VEG- GREEN FRUIT- PINK RED/ORANGE- RED STARCHY VEG- YELLOW OTHER VEG- ORANGE Canned Fruit in Light Syrup WG = Whole Grain				Beef Mac Casserole Cheesy WG Breadstick Sautéed Spinach Peach Cup WG Breadstick 1% Lowfat White Milk or Nonfat Chocolate Milk
4				
Pepperoni Pizza WG Garlic Bread Broccoli Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk	Meatloaf Mashed potatoes w/ gravy Black Bean Salad Mixed Fruit WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk	Green Chile Posole Blue Conbread Carrot Sticks Pear Halves 1% Lowfat White Milk or Nonfat Chocolate Milk	Bean Burrito Bowl w/ Brown Rice WG Tortilla Green Peas Whole Apple 1% Lowfat White Milk or Nonfat Chocolate Milk	Chicken Tenders Sweet Potato Fries Vegetable Medley Mandarin oranges Banana Bread Square 1% Lowfat White Milk or Nonfat Chocolate Milk
11				
Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School
18				
Bison Cheeseburger on WG Bun Lettuce, Tomato slice Mustard, Mayo, Ketchup Sweet Potato Fries Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk	Pork Choppette Pasta Salad w/ veggies Seasoned potatoes Whole Orange 1% Lowfat White Milk or Nonfat Chocolate Milk	Beef Fajitas w/ Spanish Rice Sautéed bell pepper and onions Applesauce 1% Lowfat White Milk or Nonfat Chocolate Milk	Chicken Alfredo with Penne Pasta Broccoli Mixed Fruit WG Garlic Toast 1% Lowfat White Milk or Nonfat Chocolate Milk	Taco Soup w/ tomatoes & corn Refried Beans WG Tortilla Pear Halves 1% Lowfat White Milk or Nonfat Chocolate Milk
25				
Steak Fingers WG Roll Steamed Corn Sautéed Zucchini Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk	Teriyaki Chicken w/ Fried Rice Bean Soup Broccoli Mixed Fruit 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Spaghetti w/ Meat Sauce Garden Salad Carrot Sticks, Dressing Orange Slices 1% Lowfat White Milk or Nonfat Chocolate Milk	Tostada Dippers Spanish Rice Shredded Lettuce Cherry Tomatoes Salsa Cup Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk	Pulled Pork on WG Bun Seasoned potatoes Steamed Cauliflower Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk

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March 2024

HS

Monday

Tuesday

Wednesday

Thursday

Friday

1				
ENTRÉE w/ GRAIN- BLUE GREEN VEG- GREEN FRUIT- PINK RED/ORANGE- RED STARCHY VEG- YELLOW OTHER VEG- ORANGE Canned Fruit in Light Syrup WG = Whole Grain 0				Beef Mac Casserole Cheesy WG Breadstick Sauteed Spinach Corn Salad Peach Cup Apple slices WG Breadstick 1% Lowfat White Milk or Nonfat Chocolate Milk
4	5	6	7	8
Pepperoni Pizza WG Garlic Bread Broccoli Pineapple Tidbits Orange slices 1% Lowfat White Milk or Nonfat Chocolate Milk	Meatloaf Mashed potatoes w/ gravy Black Bean Salad Mixed Fruit Peach Cup WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk	Green Chile Posole Blue Conbread Carrot Sticks Pear Halves Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk	Bean Burrito Bowl w/ Brown Rice WG Tortilla Green Peas Whole Apple Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk	Chicken Tenders Sweet Potato Fries Vegetable Medley Mandarin oranges Applesauce Banana Bread Square 1% Lowfat White Milk or Nonfat Chocolate Milk
11	12	13	14	15
No School	No School	No School	No School	No School
18	19	20	21	22
Bison Cheeseburger on WG Bun Lettuce, Tomato slice Mustard, Mayo, Ketchup Sweet Potato Fries Grapes Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk	Pork Choppette Pasta Salad w/ veggies Seasoned potatoes Whole Orange Mixed Fruit WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk	Beef Fajitas w/ Spanish Rice Sauteed bell pepper and onions Applesauce Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk	Chicken Alfredo with Penne Pasta Broccoli Mixed Fruit Orange Slices WG Garlic Toast 1% Lowfat White Milk or Nonfat Chocolate Milk	Taco Soup w/ tomatoes & corn Refried Beans WG Tortilla Pear Halves Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk
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Steak Fingers WG Roll Steamed Corn Sauteed Zucchini Pineapple Tidbits Mandarin Oranges 1% Lowfat White Milk or Nonfat Chocolate Milk	Teriyaki Chicken w/ Fried Rice Bean Soup Broccoli Mixed Fruit Whole Apple 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Spaghetti w/ Meat Sauce Garden Salad Carrot Sticks, Dressing Orange Slices Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	Tostada Dippers Spanish Rice Shredded Lettuce Cherry Tomatoes Salsa Cup Grapes Pear Halves 1% Lowfat White Milk or Nonfat Chocolate Milk	Pulled Pork on WG Bun Seasoned potatoes Steamed Cauliflower Peach Cup Applesauce 1% Lowfat White Milk or Nonfat Chocolate Milk

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